

The Urrbrae Wetland

Indigenous Plant Trail

The Urrbrae wetland indigenous plant trail consists of a number of provenance plants that were used by Aboriginal People for food, medicine, fiber and tools.

Each of these plants is marked with a small sign, containing information about the traditional uses and cultural importance of the plant.

Kurana people have been consulted throughout this project, however the majority of information printed here and on the signs is from published resources.

Do NOT pick or remove any plant material.

Education @ the wetland

Groups are welcome to take a self-guided tour of the Indigenous Plant trail. An activity booklet is provided, that encourages students observe, record and analyse the types of local plants that assisted the Aboriginal people live successfully and sustainably for 1000'S of years.

To plan your visit, please contact the Wetland Manager or visit the Urrbrae Wetland Website www.urrbraewetlandlc.org

Sweet Apple Berry

Billardiera cymosa

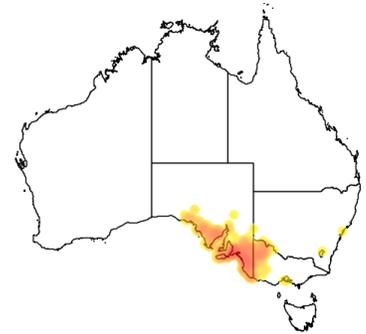
Description: This small, wiry, climbing plant produces cream to purple-blue, tubular flowers in spring and the beginning of summer.

The flowers develop into small oblong berries which start off green and then turn dark red or blackish purple when ripe.

Other Information: This species was once widely distributed in shrub and woodland, but is now rare in urban areas. There are other similar species of Billardiera however cymosa was the most common in this province.

Aboriginal Uses: The ripe fruit was eaten raw or was dried and used for trading. The fruit contains lots of tiny, black seeds that give an aniseed flavour with the flesh having a similar texture to kiwi fruit.

Other Uses: In recent times there has been some interest shown by the Australia Bush Foods Industry, for the commercial value of the fruit which can be eaten fresh or added to salads.



Distribution Map [1]



References

[1] Atlas of Living Australia, 'Billardiera cymosa: Sweet Apple Berry', <http://bie.ala.org.au/species/Billardiera+cymosa>

Bagust, P & Tout-Smith, L (2010) 'The Native Plants of Adelaide: Returning the vanishing natural heritage of the Adelaide plains to your garden', Government of South Australia's Department for Environment and Heritage, South Australia.

OutbackChef (2010) 'Bush Food: Sweet Apple berry seeds (Billardiera cymosa)', <http://bie.ala.org.au/species/Billardiera+cymosa>



Urrbrae Wetland does not guarantee, and accepts no legal liability whatsoever arising from or connected to, the use of or reliance on any material contained on this fact sheet or on any linked site.

Do not pick or eat native plants as removal of plant material as some plants contain poisonous substances.

Contact

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